

**MINUTES OF THE
WATERTOWN COMMISSION ON AGING**
Regular Meeting Wednesday, February 6, 2019

Elizabeth Schulze
Paul Ericsson
Jim Sandquist
Cindy Raymond
Cory Allen
Rachel Bender
Mayor Steve
Washburn
Dawn Plumer
Debra Favorit

1. Call to Order

Commission member Paul Ericsson called the meeting to order at 3:30 p.m. in the council chambers of City Hall.

Members present: Ericsson, Cindy Raymond, Jim Sandquist, Rachel Bender, Mayor Steve Washburn, Dawn Plumer, Debra Favorit

Staff present: City Clerk/Treasurer Lynn Tschudi

Guests present: Anna Doyle, Mario Cortolezzi and Jennie Progreba

2. Adopt Agenda as amended to add 5B (motion needed)

BENDER MOVED, SANDQUIST SECONDED A MOTION TO ADOPT THE AGENDA AS AMENDED TO ADD 5B. ALL PRESENT VOTED AYE. MOTION CARRIED.

3. Approval of Minutes (motion needed)

SANDQUIST MOVED, BENDER SECONDED A MOTION TO APPROVE THE MINUTES FROM JANUARY 2, 2019. ALL PRESENT VOTED AYE. MOTION CARRIED.

4. Introduction of Guests

Commission made introductions, as well as Jennie Progreba, Anna Doyle and Mario Cortolezzi

5. New Business

A. Update from Mario - Gold Fork (video)

Mario Cortolezzi from Mario's Italian Kitchen addressed the commission to update on the progress from his Gold Fork program. He stated that in the beginning, there were only two people signed up. By word of mouth, more and more people signed up. Jim May from Marketplace Foods has donated all of the vegetables and Bonnie from R&B donates all of the desserts. Through Mario's supplier, he is able to receive food donations for this program. Volunteers enjoy bringing the food to the customers. Total Gold Fork recipients have reached nine. Mario would like to get the word out to more customers.

B. Senior Prom - Jennie Progreba

Jennie Progreba addressed the commission stating that she is currently working on her masters in social work. She is tested with a project that shows she is making a change in her community. Progreba is interested in hosting a senior dance in Watertown to mimic a prom. Progreba spoke about social isolation that exists among seniors. Progreba is interested in making the dance an inter-generational function. The band will hopefully be a polka or waltz band and she is currently

searching for a band who is available for the dance. Progreba is looking for financial support to pay for the band. She would like help getting the word out for this event.

Commission agreed to assist in any way they are able.

C. Becoming a Dementia Friend

Tschudi updated the commission on the process of becoming a dementia friendly community. Anna Doyle updated on *Carver Cares* series for caregivers of people with dementia. Raymond invited commission members to take an online class to learn more about Alzheimer's and dementia.

6. Ageless Business

A. City Updates

Mayor Washburn reported the State of the City presentation is on February 20th at B's on the River.

Washburn updated on the new FEMA maps and various LOMA and LOMRs that were submitted by the city.

The City of Watertown received a donation from Jim May (Marketplace Foods) to be used for a disc golf course construction.

The city will be launching a mobile311 site in the future. This application will eventually allow residents to report maintenance, repairs, code violations and other issues throughout Watertown. Watertown will be the first in Carver County to launch the mobile311 application.

The new street assessment policy was approved by council. This will assist in potential future development in Watertown.

B. Reports from Commission Members

Rachel Bender reported she is waiting for the results on the Otto Bremer grant that was applied for in 2018. Bender reported that there will potentially be a bus available for senior day trips with a share program from the Delano senior center.

Good Ole Days WCCO presentation will be March 21 at 2pm in the auditorium of the Primary School.

Dawn Plumer reported on the meeting of the minds. This is a dementia conference held at the St. Paul River Center on March 2, 2019.

Paul Ericsson reported that the friends of the library will meet on March 7th to plan for the spring book sale. Anna Doyle highlighted the master gardeners will be holding classes at the libraries. There is a band performing at the community center on March 11th for Music in March. The law librarian will be having satellite visits to help residents on forms and resources – dates February 27th and March 13th.

Winter reading program runs for two more weeks.

7. Adjournment

Ericsson adjourned the meeting at 4:37pm.