

**MINUTES OF THE
WATERTOWN COMMISSION ON AGING**
Regular Meeting Wednesday, January 2, 2019

Elizabeth Schulze
Paul Ericsson
Jim Sandquist
Cindy Raymond
Cory Allen
Rachel Bender
Mayor Steve
Washburn
Kaitlin Otto
Debra Favorit

1. Call to Order

Commission member Elizabeth Schulze called the meeting to order at 3:31 p.m. in meeting room A of Watertown City Hall

Members present: Schulze, Paul Ericsson, Cindy Raymond, Cory Allen, Jim Sandquist

Staff present: City Clerk/Treasurer Lynn Tschudi

Guests present: Patrick Stieg and Dawn Plumer from Carver County Health.

2. Adopt Agenda (motion needed)

ALLEN MOVED, RAYMOND SECONDED A MOTION TO ADOPT THE AGENDA AS PRESENTED. ALL PRESENT VOTED AYE. MOTION CARRIED.

3. Approval of Minutes from November 7, 2018 (motion needed)

ALLEN MOVED, RAYMOND SECONDED A MOTION TO APPROVE THE MINUTES FROM NOVEMBER 7, 2018. ALL PRESENT VOTED AYE. MOTION CARRIED.

4. Approval of Treasurers Report

ALLEN MOVED, RAYMOND SECONDED A MOTION TO APPROVE THE TREASURER REPORT. ALL PRESENT VOTED AYE. MOTION CARRIED.

5. Introduction of Guests

Pat Stieg from community health at Carver County introduced himself. Stieg explained that a public health advisory council is used in assisting with developing a plan for completing the community health assessment. He said the county is looking for broad community involvement with the community health assessment. He said "Forces of Change" is looking at trends, factors, events in a community that can affect the health of local communities both positively or negatively. The public health advisory council is looking for feedback specifically from the older adults of Carver County. Stieg said he is interested in meeting with a group of seniors from Watertown to discuss opportunities and threats in regards to health in the community. Commission discussed how to reach out to the appropriate age residents.

6. New Business

A. Appoint Chair & Vice Chair

SANQUIST MOVED, ALLEN SECONDED A MOTION TO APPOINT ELIZABETH SCHULZE AS CHAIR AND PAUL ERICSSON AS VICE CHAIR FOR 2019. ALL PRESENT VOTED AYE, MOTION CARRIED.

B. Terms for current members ended 2018: Sandquist, Raymond

Chair members Sandquist and Raymond agreed to serve on the Commission on Aging for another term each.

C. Holiday dinner feedback

Schulze stated the numbers were down for the senior dinner from last year. The commission is suspecting some demographic changes could be the reason for this. Sandquist suggested providing transportation for the assisted living community for 2019. Commission suggested getting members from River City Theater to perform a play or to have a choir perform from a local church. Commission discussed changing the menu for 2019.

D. COA Mission(s) for 2019

Lucinda Raymond is interested in helping Watertown become dementia friendly. Schulze brought up the joint senior safety group and the future elderly abuse informational session to be announced this spring. The group talked about understanding the change in demographics in Watertown. Senior housing and transportation is still a concern for Watertown.

7. Ageless Business

A. City Updates

B. Reports from commission members

Paul Ericsson updated on the carver county cares programs offered by the library. He recapped programs that were offered by the library in 2018 relating to dementia and Alzheimer's. Ericsson shared the library's winter adult brochure.

Dawn Plumer reported that Chanhassen aging group is looking at opening a memory café. The idea is to have support for caregivers and people suffering from Alzheimer's or dementia. Dawn also reported on falls prevention clinics at local nursing homes and assisted living facilities.

Jim Sandquist reported on a meeting coming up in Waconia for Smartlink transportation. Tschudi and Sandquist plan to attend on January 29th. Sandquist updated on Mario's Gold Fork program which started at the end of December. Tschudi plans to invite Mario back to a meeting for an update.

8. Adjournment

ALLEN MOVED, SANDQUIST SECONDED A MOTION TO ADJOURN THE MEETING AT 4:34PM. ALL PRESENT VOTED AYE. MOTION CARRIED.